



ACTION STORY



SOWING SEEDS OF RESILIENCE

Empowering 50 Households with Climate-Smart Farming

Executive Summary

Thanks to the generous support of the Global Landcare Fund, the “Seeds of Resilience” project has made a meaningful difference for 50 vulnerable households in Inhamizua, Beira. With a grant of 500 AUD, Faith and Hope Association introduced climate-smart farming techniques focused on vegetable production. Families received high-quality seeds, support to set up community gardens, and guidance on sustainable agricultural practices.

The results speak for themselves: improved food security, better household nutrition, and increased opportunities for local income generation. Beyond these tangible benefits, the project reflects Global Landcare’s mission of nurturing community-led environmental stewardship and resilience. This report highlights how small investments can empower communities to grow, thrive, and lead the way in sustainable practices.

Project Objectives & Outcomes

The project aimed to improve short-term food security by providing 50 households with climate-resilient leafy lettuce seeds. All participating households successfully harvested lettuce for household consumption within 8–10 weeks.

To promote climate-smart practices, beneficiaries received training in water conservation, organic composting, and intercropping, with 80% adopting at least two of these sustainable techniques.

The project also strengthened local livelihoods by supporting small-scale surplus production, with 35 households (70%) selling extra lettuce at local markets, generating an average of 150 MZN (\approx 4 AUD) per week per household.

Finally, community cooperation was fostered through the establishment of five shared community garden plots, which are now managed collectively, strengthening social cohesion and creating plans to expand to additional crops.



Implementation

The project began with preparation and seed distribution from July to August 2025. Fifty households were selected, prioritising female-headed households, elders, and families impacted by Cyclone Gombe (2022). High-quality, fast-growing leafy lettuce seeds suited to Beira's tropical climate were distributed, accompanied by a one-day training on sowing, spacing, and organic pest management.

Between September and October 2025, five community garden sites were established in shared spaces. Beneficiaries received follow-up guidance on water-saving techniques, making organic fertilisers from kitchen waste, and companion planting to naturally deter pests. By November and December, the first harvests were underway. The project enhanced dietary diversity, provided income from surplus sales at local markets, and empowered women - who made up 85% of primary garden managers - strengthening their confidence and recognition within households and the broader community.



"Before, we depended only on buying vegetables. Now my children eat fresh lettuce every week, and I save money for other needs."

– Maria, 42, mother of four

"We learned to farm without chemicals. Our soil feels healthier, and we share what we know with neighbors."

– Joaquim, 58, community garden coordinator

Overcoming Challenges

The project faced a few bumps along the way, including unusually heavy October rains that caused minor flooding in two garden plots. By quickly improving drainage and redistributing seedlings to unaffected areas, losses were minimised. Early on, there was also lower-than-expected demand for lettuce at local markets. The team responded by connecting households with vendors and sharing the nutritional benefits of fresh leafy greens within the community, which successfully boosted both consumption and sales.

Building for the Future

Looking ahead, the project has set a strong foundation for ongoing impact. Ten lead farmers have been identified as “community champions” to mentor new households, while seed-saving techniques were shared so that second planting cycles can continue without external support. The community has expressed keen interest in expanding to other crops such as tomatoes, onions, and drought-tolerant varieties in 2026, showing both enthusiasm and readiness to grow their sustainable farming practices further.



50 Households



5 community gardens



10 trainers